

## CONFIDENTIAL HEALTH RECORD — PEDIATRIC

Welcome To Our Office!

Today's Date M/D/Y \_\_\_/\_\_\_/\_\_\_

How did you hear about us? \_\_\_\_\_

Child's Name LAST \_\_\_\_\_ FIRST \_\_\_\_\_ MIDDLE \_\_\_\_\_

Birth Date M/D/Y \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_ Current Height \_\_\_\_\_ Current Weight \_\_\_\_\_ # of Siblings \_\_\_\_\_

Address \_\_\_\_\_ Apt # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent Name \_\_\_\_\_ CELL \_\_\_\_\_ Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Parent Name \_\_\_\_\_ CELL \_\_\_\_\_ Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Pediatrician/Family MD \_\_\_\_\_ Last Visit M/D/Y \_\_\_/\_\_\_/\_\_\_

### PRESENT HEALTH CHALLENGE

**Purpose of Visit** PLEASE CHECK  Wellness Check-up  Injury or Accident  Other: \_\_\_\_\_

Has it ever occurred before?  Yes  No

When do you think these problems originally started? \_\_\_\_\_

Have you seen any other doctors for this problem?  Yes  No

If yes, when? M/D/Y \_\_\_/\_\_\_/\_\_\_ who? \_\_\_\_\_

What were the results of past treatment? \_\_\_\_\_

How is this problem now? PLEASE CHECK  Rapidly Improving  Improving Slowly  
 About the Same  On & Off  Gradually Worsening

Please list all medications \_\_\_\_\_

Has your child ever sustained an injury playing sports?  Yes  No If yes, explain \_\_\_\_\_

Has your child ever sustained an injury in an auto accident?  Yes  No If yes, explain \_\_\_\_\_

What makes the pain worse? \_\_\_\_\_

What makes the pain better? \_\_\_\_\_

### LIFESTYLE REVIEW

1. On a scale of Poor, Good, Excellent please describe their lifestyle **MARK POOR, GOOD OR EXCELLENT.**

Diet \_\_\_\_\_ Exercise \_\_\_\_\_ Sleep \_\_\_\_\_ General Health \_\_\_\_\_

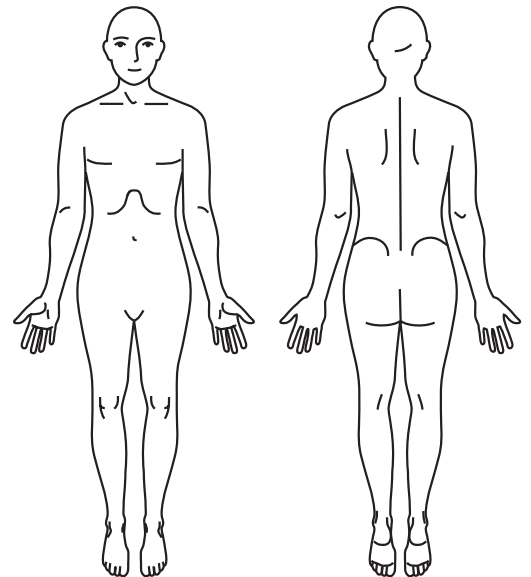
2. What Wellness services/products do you currently incorporate into their lifestyle? \_\_\_\_\_

3. What Supplements are they currently taking? \_\_\_\_\_

4. Have they ever had Chiropractic care?  Yes  No If yes, doctor's name \_\_\_\_\_

5. What would you like to gain for your child from chiropractic care? \_\_\_\_\_

PLEASE LABEL ON THE DIAGRAM THE AREA OF DISCOMFORT



**Daily Activities** – Effects of Current Condition on Performance. PLEASE CHECK THE APPROPRIATE CIRCLE

Bending	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Change Position (Sit-Stand)	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Climb Stairs	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Playing Sports	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Doing Chores	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Carrying/Lifting	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Reading/Concentration	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Self Care (Bathe/Dress)	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Sleeping	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Prolonged Sitting	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Prolonged Standing	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)
Walking	<input type="radio"/> No Effect	<input type="radio"/> Mild (Can do)	<input type="radio"/> Moderate (Limited)	<input type="radio"/> Severe (Unable to Perform)

**REVIEW OF SYSTEMS** Has your child ever suffered from: PLEASE CHECK THE ITEMS BELOW THAT APPLY TO YOUR CHILD

**Nervous System**

- |                                 |                                       |                                |   |  |
|---------------------------------|---------------------------------------|--------------------------------|---|--|
| <input type="radio"/> Dizziness | <input type="radio"/> Loss of Balance | <input type="radio"/> Numbness | <input type="radio"/> Tremor            | <input type="radio"/> Seizures/Convulsions |
| <input type="radio"/> Headaches | <input type="radio"/> ADD/ADHD        | <input type="radio"/> Stress   | <input type="radio"/> Sleeping Problems | <input type="radio"/> Bedwetting           |

**Cardiopulmonary**

- |                              |                                      |                                 |                                      |                                    |
|------------------------------|--------------------------------------|---------------------------------|--------------------------------------|------------------------------------|
| <input type="radio"/> Asthma | <input type="radio"/> Sinus Problems | <input type="radio"/> Colds/Flu | <input type="radio"/> Heart Problems | <input type="radio"/> Hypertension |
|------------------------------|--------------------------------------|---------------------------------|--------------------------------------|------------------------------------|

**Physical**

- |   |                                     |                                     |                                   |                                       |
|---|-------------------------------------|-------------------------------------|-----------------------------------|---------------------------------------|
| <input type="radio"/> Orthopedic Problems         | <input type="radio"/> Poor Posture  | <input type="radio"/> Growing Pains | <input type="radio"/> Scoliosis   | <input type="radio"/> Joint Problems  |
| <input type="radio"/> Walking Trouble             | <input type="radio"/> Broken Bones  | <input type="radio"/> Backaches     | <input type="radio"/> Earaches    | <input type="radio"/> Ruptures/Hernia |
| <input type="radio"/> Arm Problems                | <input type="radio"/> Neck Problems | <input type="radio"/> Leg Problems  | <input type="radio"/> Muscle Pain |                                       |
| <input type="radio"/> Serious Fall, explain _____ |                                     |                                     |                                   |                                       |

**Gastrointestinal**

- |                                    |                              |   |   |   |
|------------------------------------|------------------------------|---|---|---|
| <input type="radio"/> Stomach Ache | <input type="radio"/> Anemia | <input type="radio"/> Indigestion/Colic | <input type="radio"/> Diarrhea/Constipation | <input type="radio"/> Difficulty Swallowing |
|------------------------------------|------------------------------|---|---|---|

**Psychological**

- |   |                                  |                               |   |  |
|---|----------------------------------|-------------------------------|---|--|
| <input type="radio"/> Behavioral Problems | <input type="radio"/> Depression | <input type="radio"/> Anxiety | <input type="radio"/> Bi-Polar Disorder | <input type="radio"/> Loss or Change in Appetite |
|---|----------------------------------|-------------------------------|---|--|

**Immune**

- |  |                                   |                            |  |
|--|-----------------------------------|----------------------------|--|
| <input type="radio"/> Itching                    | <input type="radio"/> Anaphalaxis | <input type="radio"/> Rash | <input type="radio"/> Food Intolerance |
| <input type="radio"/> Allergies, list them _____ |                                   |                            |  |

**Other**, explain \_\_\_\_\_

I understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any disease or entity. The risks associated with exposure to x-rays have been explained to me to my complete satisfaction, and after careful consideration, I hereby authorize imaging studies and chiropractic care for the benefit of my minor child on behalf of whom I have the legal right to select and authorize health care services. If my authority to so select and authorize this care should change in any way, I will immediately notify this office.

**By signing, I agree the statements made on this form are complete and truthful to the best of my recollection and I knowingly allow UCC of Monmouth to examine my child for evaluation/treatment, and understand that I am responsible for all charges incurred.**

Parent/Guardian Name \_\_\_\_\_ Signature \_\_\_\_\_

Email \_\_\_\_\_ Date M/D/Y \_\_\_\_/\_\_\_\_/\_\_\_\_